

**CHAPTER 152.****NURSES.**

P.N.  
33 of 1959.

**THE NURSES RULES**

*made by the Nurses' Board under section 13 with the approval of the Governor in Council.*

**PART I—PRELIMINARY.**

**Citation.**

1. These Rules may be cited as the Nurses Rules.

**Interpreta-  
tion.  
Cap. 152.**

2. In these Rules unless the context otherwise requires—

“The Ordinance” means the Nurses Ordinance;

“The Board” means the Nurses' Board established under section 3 of the Ordinance;

“The Registrar,” “the Register,” and “the Auxiliary Roll” have the meanings assigned to them by section 2 of the Ordinance;

“Registered Nurse” means a female nurse who is for the time being registered in the general part of the Register for female nurses;

“Registered Male Nurse” means a male nurse who is for the time being registered in the general part of the Register for male nurses;

“Registered Health Visitor” means a nurse who is for the time being registered in the supplementary part of the Register containing the names of nurses trained in Health visiting;

“Registered Sister Tutor” means a nurse who is for the time being registered in the Supplementary part of the Register containing the names of nurses trained in Nurse Tutoring.

**PART II—MEETINGS OF THE BOARD**

**The agenda  
at meetings  
of the  
Board.**

3. (1) The agenda at meetings of the Board shall be as follows—

(a) the minutes of the previous meeting shall be read and signed if found correct;

(b) any business arising out of the minutes shall be dealt with;

- (c) applications for Registration shall be considered;
- (d) any notices of motion shall be dealt with;
- (e) any other business shall be dealt with.

(2) A minute book shall be kept by the Secretary of the Board and proper entries made therein of all business transacted at every meeting of the Board.

4. (1) Every motion or amendment to a motion shall be moved and seconded and shall be reduced to writing and handed to the Chairman of the Board and shall be read before it is further discussed and put to the meeting. Motions.

(2) Every notice of motion shall be in writing, signed by the member of the Board giving the notice, and shall be given or sent to the Secretary of the Board.

(3) The Secretary shall insert in the agenda paper of the next ordinary meeting of the Board all notices of motions, which he may have received not less than one clear day prior to the day on which the agenda paper is sent out to members of the Board, in the order in which they have been received by him.

### PART III—THE REGISTER AND THE AUXILIARY ROLL.

5. The letter from the Registrar and the reply thereto written in accordance with section 19 of the Ordinance shall be in Forms A, B, C and D in the First Schedule to these Rules as the case may be. Letter under section 19 of the Ordinance.

6. (1) The certificate of removal of a person from the Register issued in accordance with the provisions of section 13 (d) of the Ordinance shall be in Form E in the First Schedule to these Rules. Certificate of removal.

(2) The certificate of removal of a person from the Auxiliary Roll issued in accordance with the provisions of section 13 (d) of the Ordinance shall be in Form F in the Schedule to these Rules.

7. (1) The certificate of non-registration of a person on the Register issued in accordance with section 12 (5) of the Ordinance shall be in Form G in the First Schedule to these Rules. Certificate of non-registration or non-enrolment.

(2) The certificate of non-enrolment of a person on the Auxiliary Roll issued in accordance with section 12 (5) of the

Ordinance shall be in Form H in the First Schedule to these Rules.

Parts of Register.

**8.** The Register shall contain the following parts—

- (a) the general part for female nurses as prescribed by section 6 (a), (b), (c) and (d) of the Ordinance;
- (b) the general part for male nurses as prescribed by section 6 (a), (b), (c) and (d) of the Ordinance;
- (c) the supplementary part for Health Visitors as prescribed by section 6 (e) and (f) of the Ordinance;
- (d) the supplementary part for Sister Tutors as prescribed by section 6 (g) of the Ordinance.

Form of Register.

**9.** The form of the Register and the details to be inserted therein shall be as specified in Form I in the First Schedule to these Rules.

State Registered Nurse.

**10.** Every female person registered by virtue of the following qualifications, that is to say every female person registered as, or possessing the qualifications entitling her to registration as, a State Registered Nurse in the United Kingdom, shall be entered into the General Part of the Register for female nurses as a State Registered Nurse and shall be entitled to use such designation.

Qualified Registered Nurse.

**11.** Every female person registered by virtue of any of the following qualifications shall be entered in the General Part of the Register for Female Nurses as a qualified Registered Nurse, and shall be entitled to use such designation—

- (a) every female person holding a valid certificate of nursing issued by the Director of Medical Services (hereinafter referred to as "the Director") prior to the commencement of the Ordinance;
- (b) every female person who has habitually practised nursing over a period immediately preceding the commencement of the Ordinance of not less than five years and who furnishes to the satisfaction of the Board evidence of good character and competency in such practice and who applied for registration within six months from the commencement of the Ordinance;
- (c) every female person who has passed the Final Qualifying Examination in Sierra Leone and has been issued with a valid certificate of competency by the Board under this paragraph;

(d) every female person not otherwise prescribed for by the provisions of this regulation who satisfies the Board that she is of good character and competent to carry out the duties of a Qualified Registered Nurse and has been issued with a valid Certificate of competency by the Board under this paragraph.

12. Every male person registered by virtue of the following qualifications, that is to say every male person registered as, or possessing the qualifications entitling him to be registered as, a State Registered Male Nurse in the United Kingdom, shall be entered in the General Part of the Register for Male Nurses as a State Registered Male Nurse and shall be entitled to use such designation.

State Registered Male Nurse.

13. Every male person registered by virtue of any of the following qualifications shall be entered in the General Part of the Register for Male Nurses as a Qualified Registered Male Nurse and shall be entitled to use such designation—

Qualified Registered Male Nurse.

(a) every male person holding a valid certificate of nursing issued by the Director prior to the commencement of the Ordinance;

(b) every male person who has habitually practised nursing over a period immediately preceding the commencement of the Ordinance of not less than five years and who furnishes to the satisfaction of the Board evidence of good character and competency in such practice and who applied for registration within six months from the commencement of the Ordinance;

(c) every male person who has passed the Final Qualifying Examination in Sierra Leone and has been issued with a valid certificate of competency by the Board under this paragraph;

(d) every male person not otherwise prescribed for by the provisions of this regulation who satisfies the Board that he is of good character and competent to carry out the duties of a qualified Registered Nurse and has been issued with a valid Certificate of Competency by the Board under this paragraph.

14. Every person registered by virtue of the following qualifications, that is to say every person registered as, or possessing the qualifications entitling her to registration as, a Fever

State Registered Fever Nurse.

Nurse in the United Kingdom, shall be entered in the supplementary part of the Register for Fever Nurses as a State Registered Fever Nurse and shall be entitled to use such designation.

Infectious  
Disease  
Nurse.

**15.** Every person registered by virtue of the following qualifications, that is to say, every person holding a valid certificate of competency in Infectious Diseases Nursing issued by the Board on being satisfied by a report of the Director as to such person's character and competency, shall be entered in the supplementary part of the Register for Infectious Diseases Nurses as a qualified Infectious Diseases Nurse and shall be entitled to use such designation.

Registered  
Mental  
Nurse.

**16.** Every person registered by virtue of the following qualifications, that is to say, every person registered as, or possessing the qualifications entitling him or her to registration as, a Mental Nurse in the United Kingdom, shall be entered in the supplementary part of the Register for Mental Nurses as a qualified Registered Mental Nurse and shall be entitled to use such designation.

State Regis-  
tered Sick  
Children's  
Nurse.

**17.** Every person registered by virtue of the following qualifications, that is to say every person registered as, or possessing the qualifications entitling him to registration as, a Sick Children's Nurse in the United Kingdom, shall be entered in the supplementary part of the Register for Sick Children's Nurses as a State Registered Sick Children's Nurse and shall be entitled to use such designation.

Sick Child-  
ren's Nurse.

**18.** Every person registered by virtue of the following qualifications, that is to say, every person holding a valid certificate of competency in sick children's nursing issued by the Board on being satisfied by a report of the Director as to such person's character and competency, shall be entered in the supplementary part of the Register for Sick Children's Nurses as a Qualified Sick Children's Nurse and shall be entitled to use such designation.

State Regis-  
tered Health  
Visitor.

**19.** Every person registered by virtue of the following qualifications, that is to say, every person registered as, or possessing the qualifications entitling her to registration as, a Health Visitor in the United Kingdom, shall be entered in the supplementary part of the Register for Health Visitors as a State Registered Health Visitor and shall be entitled to use such designation.

**20.** Every person registered by virtue of the following qualifications, that is to say, every person holding a valid certificate of competency in health visiting issued by the Board on being satisfied by a report of the Director as to such person's character and competency, shall be entered in the supplementary part of the Register for Health Visitors as a Qualified Registered Health Visitor and shall be entitled to use such designation.

Qualified  
Registered  
Health  
Visitor.

**21.** Every person registered by virtue of the following qualifications, that is to say, every person registered as, or possessing the qualifications entitling him or her to registration as, a Nurse Tutor in the United Kingdom, shall be entered in the Supplementary part of the Register for Sister Tutors as a Registered Sister Tutor and shall be qualified to use such designation.

Registered  
Sister Tutor.

**22.** The Auxiliary Roll shall contain the following parts—

Parts of  
Auxiliary  
Roll.

(a) the general part as prescribed in section 7 (a) of the Ordinance;

(b) the supplementary part for mental hospital attendants as prescribed by section 7 (b) of the Ordinance;

(c) the supplementary part for infectious diseases attendants as prescribed by section 7 (c) of the Ordinance.

**23.** The form of the Auxiliary Roll and the details to be inserted therein shall be as prescribed in Form J in the First Schedule to these Rules.

Form of  
Auxiliary  
Roll.

**24.** Every person enrolled in accordance with section 7 (a) of the Ordinance shall be entered in the General part of the Auxiliary Roll as a Certified Nursing Assistant and shall be entitled to use that designation whilst employed in the service of a Supervisory Authority as a Nursing Assistant.

Certified  
Nursing  
Assistant.

**25.** Every person enrolled in accordance with section 7 (b) of the Ordinance shall be entered in the supplementary part of the Auxiliary Roll for Mental Hospital Attendants as a Certified Mental Hospital Attendant and shall be entitled to use that designation whilst employed in the service of a Supervisory Authority as a Mental Hospital Attendant.

Certified  
Mental  
Hospital  
Attendant.

**26.** Every person enrolled in accordance with section 7 (c) of the Ordinance shall be entered in the supplementary part Auxiliary Roll for Infectious Diseases Attendants as a Certified

Certified  
Infectious  
Diseases  
Attendant.

Infectious Diseases Attendant and shall be entitled to use that designation whilst employed in the service of a Supervisory Authority as an Infectious Diseases Attendant.

#### PART IV—REGISTRATION AND ENROLMENT.

Unqualified person not to be registered or enrolled.

**27.** No person shall be entered in any part of the Register or Auxiliary Roll without the qualifications applicable to that part of the Register or Auxiliary Roll, and no person shall be so entered who does not comply with the conditions of Registration or Enrolment as set out in the Ordinance and in this Part of these Rules.

Application for registration or enrolment.

**28.** (1) Any person entitled to registration or enrolment and applying for the same shall make application in Form K in the First Schedule to these Rules.

(2) The said form shall be sent to the applicant on request in writing therefor addressed to the Secretary of the Board.

(3) Every application form must be accompanied by two passport size photographs of the applicant, duly certified by a Bank Manager, Commissioner for Oaths, Police Magistrate or duly qualified Medical Practitioner as being a true likeness of the applicant and there shall be a further certificate on the application form by such Bank Manager, Commissioner for Oaths, Police Magistrate or duly qualified Medical Practitioner stating that the applicant is the person to whom the particulars given in the application form refers and that such particulars are true and correct to the best of his knowledge and belief.

Registration fees.

**29.** (1) Every person other than a person in the service of the Crown, (or of any statutory local Authority or Health Authority) accepted for registration in any part of the Register shall pay a registration fee of two pounds two shillings before such person's name is entered in the Register:

Provided that if any such person applying for registration in any part of the Register is at that time registered in any other part of the Register the registration fee for such second registration shall be ten shillings.

(2) The notice for the registration fees and the reply thereto shall be in Form L in the First Schedule to these Rules.

**30.** Certificates of registration and enrolment shall be in Forms M, N, O, P, Q, R, S, T, U, V in the First Schedule to these Rules as the case may be. Certificate of registration and enrolment.

#### PART V—THE PRACTICE OF NURSES.

**31.** The notice required under section 17 (1) of the Ordinance to be given to the Board by any nurse registered in any part of the Register before commencing practice shall contain the following particulars— Notice of intention to practise.

- (a) the nurse's number on the Register;
- (b) the part of the Register in which the nurse is registered;
- (c) the date of registration;
- (d) the qualification by which registration is made;
- (e) the christian or other name or names in full;
- (f) the surname in full;
- (g) the place of birth (Town or Village) and District;
- (h) the usual place of residence with full permanent address;
- (i) the proposed new place of residence on transfer (if proceeding on transfer).

**32.** The notice required under section 18 (2) of the Ordinance to be given to the Board by any Supervisory Authority engaging an enrolled person to practise nursing shall contain the following particulars— Notice of engagement of enrolled person.

- (a) the person's number on the Auxiliary Roll;
- (b) the part of the Auxiliary Roll in which the person is enrolled;
- (c) the date of enrolment;
- (d) the surname and christian or other names in full;
- (e) the name of the Supervisory Authority and the nature of work for which the enrolled person is to be engaged.

**33.** Any person carrying out all or any of the treatments referred to in rules 34, 35, 36, 37, 38, 39, 40 and 41 of these Rules shall be deemed to be carrying out the practice of nursing. The practice of nursing.

**34.** Every Certified Nursing Assistant may, subject to the provisions of section 18 of the Ordinance, carry out all or any of the treatments specified in the Second Schedule to these Rules, subject to the conditions specified in such Schedule. Treatment by Nursing Assistant.

Treatment by Mental Hospital Attendant.

**35.** Every Certified Mental Hospital Attendant may, subject to the provisions of Section 18 of the Ordinance, carry out all or any of the treatments specified in the Second and Third Schedules to these Rules, subject to the conditions specified in such Schedule.

Treatment by Certified Infectious Diseases Attendant.

**36.** Every Certified Infectious Diseases Attendant may subject to the provisions of section 18 of the Ordinance carry out all or any of the treatments specified in the Second Schedule to these Rules, subject to the conditions specified in such Schedule.

Treatment by Registered Nurse or Registered Male Nurse

**37.** Every Registered Nurse or Registered Male Nurse may carry out all or any of the treatments specified in the Second Schedule to these Rules, subject to the conditions specified in such Schedule.

Treatment by Registered Mental Nurse.

**38.** Every Registered Mental Nurse may carry out all or any of the treatments as specified in the Second and Third Schedules to these Rules with the exception of that part of treatment 40 in the Second Schedule which refers to intravenous injections, subject to the conditions specified in such Schedules.

Treatment by Registered Fever Nurse.

**39.** Every Registered Fever Nurse may carry out all or any of the treatments as specified in the Second Schedule to these Rules subject to the conditions specified in such Schedule.

Treatment by Registered Sick Children's Nurse

**40.** Every Registered Sick Children's Nurse may carry out all or any of the treatments as specified in the Second Schedule to these Rules subject to the conditions specified in such Schedule.

Treatment by Registered Health Visitor.

**41.** Every Registered Health Visitor may carry out all or any of the treatments or practices as specified in the Fourth Schedule to these Rules subject to the conditions specified in such Schedule.

## PART VI—TRAINING OF NURSES.

Training hospitals.

**42.** Approved training hospitals for the training of Qualified Registered Nurses, Certified Nursing Assistants, Certified Mental Hospital Attendants, and Certified Infectious Diseases Attendants shall be hospitals approved by the Board and comply with the specifications set out in the Fifth Schedule to these Rules.

43. No nurse or nursing assistant or attendant may be trained in the practice of nursing otherwise than at one of the hospitals prescribed by Rule 42 of these Rules and otherwise than under and in accordance with the terms and conditions specified in such Rule and the Fifth Schedule hereto.

Nurse to be  
trained in  
Training  
Hospital.

44. (1) Every nurse or assistant or attendant-in-training (hereinafter referred to as a "pupil nurse") shall have his name entered in the Index of pupil nurses at the commencement of his training as such pupil nurse.

Pupil  
Nurse.

(2) Any person entitled to have his name entered in the Index of pupil nurses, and applying for the same, shall make application in Form W in the First Schedule to these Rules.

(3) The Index of pupil nurses shall contain the details specified in Form X in the First Schedule to these Rules.

45. The preliminary standard of general education for persons applying to have their names entered on the Index of pupil nurses shall be as follows—

Standard of  
education.

(a) for the qualifying examination for a Qualified Registered Nurse the candidate must be able to produce to the satisfaction of the Board that he has passed the Civil Service Examination at Grade B level, or Higher Grade Domestic Science examination, or has passed the Board's examination.

(b) for the examination for enrolment on the Auxiliary Roll the candidate must be able to produce to the satisfaction of the Board that he is literate in English:

Provided that the Board may institute at any time a test examination for candidates who wish to have their names entered in the Index of pupil nurses.

46. The Index of pupil nurses shall be divided into 5 parts containing the following categories of pupil nurses—

Index of  
pupil nurses.

(a) Nurses who undergo training in approved training hospitals in order to become Qualified Registered Nurses or Qualified Registered Male Nurses, who shall be required to take the qualifying examinations, preliminary and final, of the Board in general nursing, provided that they have received teaching according to the syllabus for the qualifying examination as set out in the Sixth Schedule to these Rules.

(b) Nurses who undergo training in any training school for Health Visitor approved by the Board where teaching is based on the syllabus for the qualifying examination in health visiting as set out in the Seventh Schedule to these

Rules who shall be required to take the said qualifying examination.

(c) Assistants who undergo training in approved training hospitals in order to become Certified Nursing Assistants who shall be required to take the examinations prescribed by the Board qualifying for enrolment as Certified Nursing Assistants provided that they have received teaching according to syllabus for the examinations as set out in the Eighth Schedule to these Rules.

(d) Attendants who undergo training in a Government Mental Hospital or Hospitals, where teaching is based on the examinations prescribed by the Board Qualifying for enrolment as Certified Mental Hospital Attendants as set out in the Ninth Schedule to these Rules, who shall be required to take the said examinations.

(e) Attendants who undergo training in an Infectious Diseases Hospital or Hospitals approved by the Board, where teaching is based on the examinations prescribed by the Board qualifying for enrolment as Certified Infectious Diseases Attendants as set out in the Tenth Schedule to these Rules, who shall be required to take the said examinations.

**Examina-  
tions for  
pupil nurses.**

**47.** The Board shall from time to time hold examinations for pupil nurses for registration in any part of the Register or enrolment in any part of the Auxiliary Roll, and the standard of training in nursing which shall entitle candidates to enter the Nurses' Board examinations shall be as follows—

(a) for the qualifying examination for registration as a Qualified Registered Nurse or Male Nurse, the candidate must prove—

(i) that he has completed three consecutive years of training in general nursing in a hospital approved by the Board for the Training of Qualified Registered Nurses under Rule 42 of these Rules;

(ii) that he has attended at least seventy-five per cent. of the lectures in each subject of the syllabus for the qualifying examination as specified to the Sixth Schedule to these Rules;

(b) for the enrolment examination the candidate must prove to the satisfaction of the Board that he has completed at least 12 months continuous training of the type for which he seeks enrolment in a hospital approved by the Board for

purpose of such training, and such candidate must prove that he has attended lectures according to the syllabus laid down by the Board for the enrolment examination in the type of nursing for which he has received training.

(c) for the qualifying examination in health visiting required for Registration as a Qualified Registered Health Visitor, the candidate must prove—

(i) that she has been entered upon the General part of the Register of Nurses for female nurses under this Ordinance as a Qualified Registered Nurse, or as a State Registered Nurse;

(ii) that she has been entered upon the Midwives Register as a Registered Midwife;

(iii) that she has completed nine months' training at a training school for Health Visitors approved by the Board;

(iv) that she has attended at least seventy-five per cent. of the lectures in each subject of the syllabus as laid down by the Board for the training of Health Visitors for the qualifying examination in health visiting.

48. The syllabus for the undermentioned examinations shall be as set out in the 6th, 7th, 8th, 9th and 10th Schedules to these Rules:

Syllabus for examination.

(a) 6th Schedule—Syllabus for the qualifying examination for nurses.

(b) 7th Schedule—Syllabus for the qualifying examination in health visiting.

(c) 8th Schedule—Syllabus for the examination for the Nursing Assistants Certificate.

(d) 9th Schedule—Syllabus for the examination for the Mental Attendants Certificate.

(e) 10th Schedule—Syllabus for the examination for the Infectious Diseases Attendants Certificate.

49. The conditions of re-entry for the Nurses' Board Examinations shall be as follows—

Conditions of re-entry for examinations.

(a) a candidate may at the discretion of the Board be permitted to re-enter for the whole of or part of any examination;

(b) a candidate who fails in any part or section of an examination and is permitted to re-enter for such part or

section without re-entering for the whole of the examination shall be said to be "referred" in such part or section;

(c) a candidate taking the qualifying examination may be referred in one or two of the three sections. "Medical Nursing," "Surgical Nursing" and "Practical and Oral Nursing." If he fails in all three sections he must again sit the whole examination;

(d) a candidate taking the qualifying examination may be referred in one section only for which purpose the subjects "Medical Nursing" shall count as one section; "Surgical and Gynaecological Nursing" as one section, and "General Nursing" as one section. If a candidate fails in more than one section he will be required to take the whole examination again.

Applications for entry to examinations.

**50.** Applications for entry to the examinations of the Board shall be made as follows—

(a) (i) candidates in Government Service wishing to enter for examination must have their names submitted to the Secretary of the Board at least one month before the date of the examination. Application forms will then be sent to the candidates and these must be returned not later than two weeks before the date of the examination;

(ii) the application shall be made in Form Y in the First Schedule to these Rules;

(b) (i) candidates not in Government Service must apply in writing to the Secretary of the Board not later than eight weeks before the date of the examination. Forms of application will then be sent to the candidates and these must be returned not later than four weeks before the date of the examination;

(ii) the applications shall be made in the appropriate forms set out in Form Y of the First Schedule to these Rules.

Examination fees.

**51.** (1) Examination fees shall be as set forth in the Eleventh Schedule to these Rules:

Provided that no examination fees shall be payable by anyone employed in the service of the Crown.

(2) Every person liable to pay examination fees must pay such fees at least one month prior to such person sitting for such examination.

52. (1) Any pupil nurse who fails to pass his final qualifying examination as the case may be within five years of his name being entered in the Index of pupil nurses shall have his name removed from such Index and shall cease to be a pupil nurse unless such pupil nurse satisfies the Board that such failure was not due to his personal default.

Removal of  
name of  
pupil nurses  
from Index.

(2) The Board may order the removal of any pupil nurse from such Index if the Board is satisfied that the conduct of such pupil nurse is such that he will not be a fit person to become a registered nurse.

### PART VII—SUPERVISORY AUTHORITY.

53. Every Supervisory Authority shall in the course of its duties of general supervision as provided by section 16 of the Duties of Supervisory Authority. Ordinance—

(a) carry out inspections of the nurses placed under its authority and ascertain the standard of nursing practised by every such nurse;

(b) ensure that as far as possible every nurse placed under its authority conforms with the practice of nursing as applicable to the part of the Register in which such nurse is registered;

(c) make reports in writing to the Board at intervals of not less than six months, on the standard of nursing practised by the nurses placed under its authority;

(d) make reports in writing to the Board at intervals of not less than six months on the training of nurses in institutions approved by the Board for such training, under these Rules.

### PART VIII—INQUIRIES BEFORE THE BOARD.

54. In every case where the Board thinks fit that an inquiry should be held under the provisions of sections 13 of the Ordinance the following procedure shall be adopted—

Procedure  
at inquiry  
before  
Board.

(a) the Board shall appoint a Committee of Inquiry consisting of three of its members to investigate the matter and shall appoint one of these three persons to act as Chairman of such Committee;

(b) the person into whose conduct or otherwise the Board has been appointed to investigate shall be given ten clear days in Form Z in the First Schedule to these Rules notice in writing of the date of the Inquiry and shall be furnished with

type-written copies of all documents intended to be adduced in evidence before the Committee of Inquiry;

(c) the Chairman of the Committee of Inquiry shall arrange for the attendance of all material witnesses to the inquiry;

(d) evidence before the Committee of Inquiry shall be given on Oath and shall be taken down in writing *verbatim* by the Chairman of such Committee;

(e) on the conclusion of the evidence the Committee of Inquiry shall submit a certified copy of the proceedings together with its finding thereon to the Board for the Board to take such action, if any, that it considers fit under the provisions of section 13 of the Ordinance.

#### PART IX—UNIFORMS AND BADGES

Uniform  
for nurses.

**55.** (1) Every male nurse when on duty shall wear the uniform prescribed in the Twelfth Schedule to these Rules.

(2) Every female nurse when on duty shall wear the uniform prescribed in the Thirteenth Schedule to these Rules.

Badges for  
nurses.

**56.** (1) Every nurse registered in any part of the Register or any nursing assistant or attendant enrolled in any part of the Auxiliary Roll shall, on application in writing to the Board together with the appropriate fee, be issued with a badge appropriate to the part of the Register or Auxiliary Roll in which he is registered and to his qualification.

(2) The "appropriate fee" shall be as gazetted from time to time in the *Gazette*.

(3) Badges shall only be worn when the nurse is in uniform as prescribed by Rule 55 of these Rules and Schedules thereto.

r. 5.

#### FIRST SCHEDULE.

##### FORM A.

Under section 19 of the Nurses' Ordinance, the Nurses' Board of Sierra Leone has requested that you complete the form attached below and return to me.

If no reply is received within six months your name will be erased from the Register and any Certificate(s) and Badge held by you will be cancelled according to section 19 of the Nurses' Ordinance.

.....  
Registrar.

## FORM B.

Form of  
reply.

To THE REGISTRAR,  
THE NURSES' BOARD FOR SIERRA LEONE,  
MEDICAL DEPARTMENT,  
FREETOWN.

I hereby declare that I am in practice as a Registered Nurse at the following address:

.....

.....

for.....

(Please insert name of Doctor under whom practising).

My number on the Register is.....

My permanent address is.....

Signature.

Date..... 19.....

## FORM C.

r. 5.

Under section 19 of the Nurses' Ordinance the Nurses' Board of Sierra Leone has requested that you complete the form attached below and return to me.

If no reply is received within six months the name of.....  
will be erased from the Auxiliary Roll.

.....

Registrar.

## FORM D.

r. 5.

To THE REGISTRAR,  
NURSES' BOARD OF SIERRA LEONE,  
FREETOWN.

I hereby declare that.....  
is employed and supervised by (name of Supervisory Authority) as a (name position in which employed).

for Supervisory Officer.

Date..... 19.....

## FORM E.

r. 6 (1).

THE NURSES' BOARD FOR SIERRA LEONE,  
MEDICAL HEADQUARTERS,  
FREETOWN.

19.....

I hereby certify on behalf of the Nurses' Board for Sierra Leone,  
that.....

of .....  
Registration No. ....  
Date of Registration .....  
Qualifications .....  
was removed from the ..... Register on .....

*Registrar.*

r. 6 (2).

FORM F.

THE NURSES' BOARD FOR SIERRA LEONE,  
MEDICAL HEADQUARTERS,  
FREETOWN.

19

I hereby certify on behalf of the Nurses' Board of Sierra Leone  
that .....  
of .....  
Enrolment No. ..... Date of enrolment .....  
was removed from the part of the Auxiliary Roll on ..... :

*Registrar.*

r. 7 (1).

FORM G.

THE NURSES' BOARD FOR SIERRA LEONE,  
MEDICAL HEADQUARTERS,  
FREETOWN.

19

I hereby certify on behalf of the Nurses' Board for Sierra Leone  
that \_\_\_\_\_  
of \_\_\_\_\_

is not registered on any part of the Nurses' Register kept under the Nurses Ordinance.

*Registrar.*

r. 7 (2).

FORM H.

THE NURSES' BOARD FOR SIERRA LEONE,  
MEDICAL HEADQUARTERS,  
FREETOWN.

19

I hereby certify on behalf of the Nurses' Board for Sierra Leone  
that .....  
of .....  
is not enrolled on any part of the Auxiliary Roll kept under the Nurses  
Ordinance.

*Registrar*

## FORM I.

r. 9.

## PLACE OF BIRTH

No. of Registration	Date of Registration	Name	Address	Town or Village	District	Qualifications	Remarks
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## FORM J.

r. 23.

## PLACE OF BIRTH

No. of Enrolment	Date of Enrolment	Name	Address	Town or Village	District	Name of Supervisory Authority	Remarks
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## FORM K.

r. 28 (1).

## THE NURSES' BOARD FOR SIERRA LEONE.

Application for Registration as a Trained Nurse or for enrolment as a nursing assistant or attendant.

1. Name of Register or Auxiliary Roll.....  
  
*(See list at end of this schedule).*
2. Surname.....
3. Other names.....
4. Date of birth.....
5. Permanent private address.....
6. Address of place or places where applicant practises nursing or of Supervisory Authority.....
7. Tribe or nationality.....
8. Place of birth..... District.....
9. Institution at which training was given.....  
  
*(If more than one, give name in each case).*
10. Date of Commencement and termination of training.....  
  
*(if there was any break in the training, the dates of this must be shown).*
11. Number of years applicant has practised nursing since completion of training.....
12. Has applicant ever been convicted of felony or any criminal offence against the Laws of Sierra Leone ?.....
13. Certificate attached from Medical Practitioner or Nursing Sister in charge of Training Institution.  
Name .....

14. Two original testimonials of character and work to be submitted, one of which must be from a Registered Medical Practitioner or from a Nursing Sister registered as "State Registered Nurse."

The names and addresses of such persons are:

(1).....

(2).....

15. Any other relevant information.....

16. Applicant must undertake to keep the Board informed of any change of address or place of work, and once yearly in June, of intention to continue to practise Nursing in the following year.....

*Signature of Applicant.*

Dated at..... 19.....

**CERTIFICATE OF TRAINING OF APPLICANT FOR  
REGISTRATION AS A NURSE OR ENROLMENT AS  
A NURSING ASSISTANT OR ATTENDANT.**

I hereby certify from my personal knowledge from the records of this institution that (name)..... received training in..... Nursing between the following dates..... at..... and that to the best of my knowledge and belief the particulars given overleaf by the applicant are true and correct. I recommend him/her accordingly for registration/enrolment.

*Signature.*

*Qualification.*

Dated at..... 19.....

**PARTS OF THE REGISTER OF NURSES IN SIERRA LEONE.**

- (a) Female Nurses trained in general nursing.
- (b) Male Nurses trained in general nursing.
- (c) Nurses trained as Health Visitors.
- (d) Nurses trained as Sister Tutors.

**PARTS OF THE AUXILIARY ROLL OF NURSING  
ASSISTANTS AND ATTENDANTS IN SIERRA LEONE.**

- (a) Nursing Assistants trained in general nursing.
- (b) Mental Hospital Attendants trained in attending mental diseases.
- (c) Infectious Diseases Attendants trained in attending infectious diseases.

**NOTE.—**Training in Midwifery or Maternity Attendance does not entitle any person to registration or enrolment in any part of Nurses' Register or Auxiliary Roll.

## FORM L.

r. 29 (2).

THE NURSES' BOARD FOR SIERRA LEONE,  
MEDICAL HEADQUARTERS,  
FREETOWN.

I have to inform you that the fee for Registration as a "Qualified Registered Nurse" is two pounds two shillings.

Will you please remit this together with two copies of your photograph, passport size 2 ins. long by 1½ ins. wide to the Secretary of the Nurses' Board. One photograph to be affixed to your Registration Certificate, and one to be retained by the Nurses' Board for identification.

.....  
*Secretary, Nurses' Board.*

PLEASE DETACH AND RETURN.

To THE SECRETARY,  
THE NURSES' BOARD FOR SIERRA LEONE,  
MEDICAL DEPARTMENT,  
FREETOWN.

I herewith enclose cheque/postal order to the value of two pounds two shillings made payable to the Nurses' Board to cover the fee for Registration as a Qualified Nurse.

I also enclose two passport size photographs as requested.

Date..... 19.....

PERMANENT ADDRESS TO WHICH RECEIPT AND  
CERTIFICATE ARE TO BE SENT

.....  
.....  
.....  
(Please write name and address in block letters).

## FORM M.

r. 30.

THE NURSES' BOARD FOR SIERRA LEONE CERTIFICATE OF  
REGISTRATION IN GENERAL NURSING.

State Registered Nurse  
No. .... on the Register.

This is to Certify that ..... has passed the Final State Examination in General Nursing in Sierra Leone on the ..... day of ..... 19 ..... and has satisfied the Nurses' Board that she is competent to practise General Nursing; and that she/he is entitled to use the designation "State Registered Nurse" in Sierra Leone for such time as her name remains on the Register maintained by the Nurses' Board for Sierra Leone.

Given at Freetown this.....day of.....19.... on behalf of the Nurses' Board.

.....  
*President.*

.....  
*Registrar.*

r. 30.

## FORM N

THE NURSES' BOARD FOR SIERRA LEONE CERTIFICATE OF  
REGISTRATION IN GENERAL NURSING.

Qualified Registered Nurse.  
No.....on the Register.

This is to Certify that.....satisfied the Nurses' Board for Sierra Leone on the.....day of.....19.... by.....that she/he is competent to practise General Nursing, and that therefore, she/he is entitled to use the designation of "Qualified Registered Nurse" in Sierra Leone for such time as her/his name remains on the Register maintained by the Nurses' Board for Sierra Leone.

Given at Freetown this.....day of.....19.... on behalf of the Nurses' Board.

.....  
*President.*

.....  
*Registrar.*

r. 30.

## FORM O.

THE NURSES' BOARD FOR SIERRA LEONE CERTIFICATE OF  
REGISTRATION IN GENERAL NURSING.

State Registered Male Nurse.  
No.....on the Register.

This is to Certify that.....satisfied the Nurses' Board for Sierra Leone on the.....day of.....19.... by.....that he is competent to practise General Nursing, and that, therefore, he is entitled to use the designation of "State Registered Male Nurse" in Sierra Leone for such time as his name remains on the General Part of the Register for Male Nurses in General Nursing maintained by the Nurses' Board for Sierra Leone.

Given at Freetown this.....day of.....19.... on behalf of the Nurses' Board.

.....  
*President.*

.....  
*Registrar.*

## FORM P

r. 30.

THE NURSES' BOARD FOR SIERRA LEONE CERTIFICATE OF  
REGISTRATION IN GENERAL NURSING.Qualified Registered Male Nurse.  
No.....on the Register.

This is to certify that.....satisfied the Nurses' Board for Sierra Leone on the.....day of.....19.....  
by.....that he is competent to practise General Nursing, and that, therefore, he is entitled to use the designation of "Qualified Registered Male Nurse" in Sierra Leone for such time as his name remains on the General Part of the Register for Male Nurses in General Nursing maintained by the Nurses' Board for Sierra Leone.

Given at Freetown this.....day of.....on behalf of the Nurses' Board.

.....  
*President.*.....  
*Registrar.*

## FORM Q.

r. 30.

THE NURSES' BOARD FOR SIERRA LEONE CERTIFICATE OF  
REGISTRATION FOR HEALTH VISITORS.State Registered Health Visitor.  
No.....on the Register.

This is to certify that.....satisfied the Nurses' Board for Sierra Leone on the.....day of.....19.....  
by.....that she is competent to practise Health Visiting, and that, therefore, she is entitled to use the designation of "State Registered Health Visitor" in Sierra Leone for such time as her name remains on the Supplementary Part of the Register of Health Visitors maintained by the Nurses' Board for Sierra Leone.

Given at Freetown this.....day of.....19.... on behalf of the Nurses' Board.

.....  
*President.*.....  
*Registrar.*

## FORM R.

r. 30.

THE NURSES' BOARD FOR SIERRA LEONE CERTIFICATE OF  
REGISTRATION FOR HEALTH VISITORS.Qualified Registered Health Visitor.  
No.....on the Register.

This is to certify that.....satisfied the Nurses' Board for Sierra Leone on the.....day of.....19....

by..... that she is competent to practise Health Visiting, and that, therefore she is entitled to use the designation of " Qualified Registered Health Visitor " in Sierra Leone for such time as her name remains on the Supplementary Part of the Register for Health Visitors maintained by the Nurses' Board for Sierra Leone.

Given at Freetown this.....day of.....19.... on behalf of the Nurses' Board.

.....  
*President.*

.....  
*Registrar.*

r. 30.

FORM S.

THE NURSES' BOARD FOR SIERRA LEONE CERTIFICATE OF  
REGISTRATION FOR NURSE TUTOR.

State Registered Nurse Tutor.

No.....on the Register.

This is to certify that.....satisfied the Nurses' Board for Sierra Leone on the.....day of.....19.... by..... that she is competent to practise and that, therefore, she is entitled to use the designation of " Registered Sister Tutor " in Sierra Leone for such time as her name remains on the Supplementary Part of the Register for Sister Tutors maintained by the Nurses' Board for Sierra Leone.

Given at Freetown this.....day of.....19.... on behalf of the Nurses' Board.

.....  
*President.*

.....  
*Registrar.*

r. 30.

FORM T.

THE NURSES' BOARD FOR SIERRA LEONE CERTIFICATE OF  
ENROLMENT FOR NURSING ASSISTANTS IN GENERAL  
NURSING.

Certified Nursing Assistant.

No.....on the Auxiliary Roll.

This is to certify that.....whose photograph is attached above satisfied the Nurses' Board for Sierra Leone on the.....day of.....19.... by..... that he/she is competent to practise General Nursing as a Nursing Assistant in the employment of, and under the supervision of a Supervisory Authority, but not otherwise, and that, therefore, he/she is entitled to use the designation of " Certified Nursing Assistant " in Sierra Leone for such time as his/her name remains on the Auxiliary Roll maintained by the Nurses' Board for Sierra Leone.

Given at Freetown this.....day of.....19.... on  
behalf of the Nurses' Board.

.....  
*President.*

.....  
*Registrar.*

FORM U.

r. 30.

**THE NURSES' BOARD FOR SIERRA LEONE CERTIFICATE OF  
ENROLMENT FOR MENTAL HOSPITAL ATTENDANTS.**

Certified Mental Hospital Attendant.  
No.....on Auxiliary Roll.

This is to certify that.....whose photograph is attached above satisfied the Nurses' Board for Sierra Leone on the.....day of.....19.... by.....that he/she is competent to practise General Nursing as a Mental Hospital Attendant in the employment of, and under the supervision of a Supervisory Authority, but not otherwise, and that, therefore, he/she is entitled to use the designation of "Certified Mental Hospital Attendant" in Sierra Leone for such time as his/her name remains on the Auxiliary Roll maintained by the Nurses' Board for Sierra Leone.

Given at Freetown this.....day of.....19.... on behalf of the Nurses' Board.

.....  
*President.*

.....  
*Registrar.*

FORM V.

r. 30.

**THE NURSES' BOARD FOR SIERRA LEONE CERTIFICATE OF  
ENROLMENT FOR INFECTIOUS DISEASES ATTENDANTS.**

Certified Infectious Diseases Attendant.  
No.....on Auxiliary Roll.

This is to certify that.....whose photograph is attached above satisfied the Nurses' Board for Sierra Leone on the.....day of.....19.... by.....that he/she is competent to practise General Nursing as an Infectious Diseases Attendant in the employment of, and under the supervision of a Supervisory Authority, but not otherwise, and that, therefore, he/she is entitled to use the designation of "Certified Infectious Diseases Attendant" in Sierra Leone for such time as his/her name remains on the Auxiliary Roll maintained by the Nurses' Board for Sierra Leone.

Given at Freetown this.....day of.....19.... on behalf of the Nurses' Board.

.....  
*President.*

.....  
*Registrar.*

τ. 44 (2).

FORM W.

TO THE SECRETARY,  
THE NURSES' BOARD,  
MEDICAL HEADQUARTERS,  
FREETOWN.

I beg to apply through the Medical Officer/Practitioner/Nursing Sister in charge of my training institution for registration as a Pupil Nurse/Probationer Nurse.

*(Strike out words which do not apply).*

1. Name .....  
(*Block Letters Please*).
2. Date of birth.....
3. Tribe..... Town or Village.....
4. Place of birth..... District.....
5. Educational standard attained.....

(Certificate to be attached).

6. Nursing Training Institution (Name).....  
Full address.....

7. Permanent home address.....

8. Date training commenced.....

9. I certify that I have never been convicted of felony or of any criminal offence against the Laws of Sierra Leone except (*give particulars*)  
.....  
.....

10. I undertake to sit the examination prescribed by the Nurses' Board.

11. I undertake to keep the Nurses' Board informed of any change of address.

Dated at \_\_\_\_\_ 19\_\_\_\_

.....  
**Signature.**

**CERTIFICATE OF TRAINING IN NURSING TO BE COMPLETED BY  
MEDICAL PRACTITIONER-IN-CHARGE OR NURSING SISTER-IN-  
CHARGE**

I hereby certify that (Name).....  
is a..... Nurse of.....  
..... (Nursing Institution).  
and that the particulars given by the applicant, are, to the best of my knowledge, correct. I recommend him/her for registration as Nurse/Nurse Assistant/Nurse Attendant in training in..... Nursing.

.....  
*Signature.*

(Please strike out words which do not apply, and for parts of the Register please see below)—

PARTS OF THE REGISTER/AUXILIARY ROLL OF NURSES,  
NURSING ASSISTANTS AND ATTENDANTS IN SIERRA LEONE.

- (a) Female Nurses trained in General Nursing.
- (b) Male Nurses trained in General Nursing.
- (c) Nurses (Male and Female) trained in the Nursing of Mental Diseases.
- (d) Nurses (Male and Female) trained in the Nursing of Infectious Diseases.
- (e) Nurses trained as Health Visitors.
- (f) Nurses trained in the care of Sick Children.

NOTE.—Applications must be accompanied by original certificate of education and must be sent by registered post.

FORM X.

DETAILS REQUIRED IN INDEX OF PUPIL NURSES.

r. 44. (3).

No. in Index.	Date entered in Index.	Name.	Address.	PLACE OF BIRTH.		Training	Remarks.
				Town or Village.	District.		

FORM Y.

r. 50 (a) (ii).

SIERRA LEONE NURSES' BOARD  
FORM OF APPLICATION FOR ENTRY TO EXAMINATION.

NURSES' BOARD FOR SIERRA LEONE.

QUALIFYING EXAMINATION.

APPLICATION FOR ENTRY.

I beg to submit application for entry to the above examination.

Name .....

Age .....

Permanent address .....

Name and address of training Institution .....

Date and commencement of training .....

If any breaks in training please give duration of such .....

Have you entered previously for this examination ?

If so give date .....

If re-entry state whether for whole examination or for referred subjects giving name of each .....

Name of Medical Officer or Nursing Sister who vouches for teaching .....

I hereby certify that the above particulars are correct.

.....  
*Signature of Candidate.*

Date.....

**CERTIFICATE OF TRAINING.**

*To be completed by Medical Officer or Nursing Sister in charge of Institution where above candidate is in training.*

I hereby certify that.....  
has been a Pupil Nurse at.....  
for a period of..... and that he/she is still in  
training and that he/she has received practical teaching in the nursing of  
patients in the wards and that he/she has attended lectures given in accord-  
ance with the syllabus approved by Nurses' Board for this examination having  
attended seventy-five per cent. of the lectures in each subject of the syllabus  
for the qualifying examination as specified in the 6th Schedule to the Nurses'  
Rules.

Date..... 19.....

.....  
*Signature of Sponsor.*

.....  
*Qualification.*

*This certificate must be completed before form Y is returned to Registrar.*

r. 54 (b).

**FORM Z.**

**THE NURSES' BOARD FOR SIERRA LEONE,  
MEDICAL HEADQUARTERS,  
FREETOWN.**

..... 19.....

To.....

of .....

Registration No.....

Take notice that the charge (charges) against you, particulars of which  
are set forth below, has/have been brought to the notice of the Nurses' Board  
and that the Nurses' Board propose to investigate such charge(s) at a meeting  
to be held in the Headquarters of the Medical Department, Freetown, at  
..... a.m./p.m. on ..... the ..... 19.....  
to determine whether you should be suspended from practice of nursing, or be  
removed from the register.

You may attend the above hearing if you wish, covering your own  
expenses.

It is imperative that you should either send by registered post to the  
Secretary of the Board before the above date fixed for the hearing, or bring  
with you to the hearing your certificate(s) and badge.

Particulars of charge(s).....

.....  
*Registrar.*

## SECOND SCHEDULE.

rules 34, 35,  
36, 37, 38, 39  
and 40.

## PRACTICE OF NURSES.

*Treatments which a Nurse may perform without instructions from a Doctor.*

1. Care and cleanliness of all nursing equipment.
2. Sterilisation of surgical equipment.
3. Washing of patient.
4. Prevention and treatment of bedsores.
5. Cleaning patient of pediculi.
6. Making of patient's bed.
7. Cooking and serving patient's food.
8. Cleaning mouth of patient. Administration of mouth washes and gargles.
9. Giving treatments for reduction of pyrexia, tepid and cold sponging but not administration of antipyretic drugs, except aspirin, phenacetin.
10. Administration of evacuant enemata, soap and water, olive oil, glycerine.
11. Administration of evacuant suppository, viz.: glycerine but not of suppositories containing dangerous drugs or poisons.
12. Administration of the following aperients: (Saline) Mist. Alba, Magnesium Sulphate, Sodium Sulphate, Potassium Tartrate or any proprietary preparation of these.  
(Vegetable) Cascara Sagrada, Sonna or proprietary preparations containing these.  
Mineral Oils, Liquid Paraffin.
13. Administration of antacid drugs for relief of gastric pains—Sodium bi-carbonate, carbonate, magnesium trisilicate, aluminium hydroxide or proprietary preparations of these.
14. Administration of drugs for relief of flatulence: Peppermint.
15. Administration of common drugs, for the relief of pain—aspirin, but not of any drug listed in the Dangerous Drugs Ordinance or Poisons Schedules.
16. Giving of moist inhalation for laryngitis, tracheitis pharyngitis or nasal sinus infections.
17. Applications of simple liniments.
18. Irrigation of eyes by simple lotions.
19. Application of cold to a part—cold compress, ice bag.
20. Application of heat to a part—hot water bottles, electric pad, medical fomentation, turpetine stupe, soda stupe but not belladonna or opium stupe.
21. Surgical fomentation.
22. Application of cataplasma or poultice to painful part—Cataplasma Kaolini Co.

NOTE.—A Nurse may not administer cathartics without sanction of Doctor.

23. Make blood film for diagnosis of malaria. (The nurse may not, without sanction of a Doctor, withdraw blood through a hollow needle or any other contrivance for the purpose of making blood tests).
24. Disinfection of utensils, clothing, bedding, furniture, excreta of patient.
25. Give usual nursing and first aid treatments for relief of shock—warmth; elevation of legs; rectal saline with glucose.
26. Withdraw urine by rubber catheter.
27. Arrest haemorrhage by use of pad and bandage, digital pressure or tourniquet.
28. Give first aid treatment for cleaning of a wound.
29. Apply first aid to fractures, sprains, muscle injuries, by using splints, slings, bandages or sandbags.
30. Performance of artificial respiration in an emergency.
31. First aid treatment for removal of foreign body from eye.
32. Giving of first aid treatment for snake bite or insect stings.
33. Giving of first aid to a woman in labour if the midwife or Doctor is not available.
34. Giving of first aid to patients having fits or convulsion.
35. Administration of demulcent drinks; common antidotes and antagonists against poisons and administration of such stimulants as coffee in cases of collapse following poisoning.
36. Giving first aid treatment for burns but not applying Sclerosing agents to burnt areas without sanction of Doctor.
37. Performance of last offices.
38. Keeping of the various charts.

**TREATMENTS WHICH A NURSE MAY PERFORM ONLY WITH SANCTION OF A REGISTERED MEDICAL PRACTITIONER, BUT NOT NECESSARILY IN HIS PRESENCE.**

39. Artificial feeding by oesophageal or nasal routes.
40. Administration of any drug ordered on written prescription of a Registered Medical Practitioner.

This includes—

- Oral administration.
- Rectal administration.
- Hypodermic injection.
- Intra-muscular injection.
- Intra-venous injection (but not intra-venous administration of blood, plasma).
- Applications to eyes.
- Applications to ears.
- Applications to throat.
- Applications to vagina.
- Applications to urethra.
- Applications to skin.
- Administration by inhalation, (but not anaesthetics except in the presence of a Registered Medical Practitioner).
- A nurse may not administer drugs or anaesthetics by the intrathecal route.

41. Obtaining of specimens of infective material from throat, nose, eyes, urethra, cervix; using appliances for the purpose.
42. Examination of urine with a view to providing data for doctor to form a diagnosis.
43. Preparation for major operations on any part of the body, except in an emergency.
44. Performance of minor operations such as incision of boils or insertion of sutures in wounds.
45. Application of strapping or elastoplast or other skin adherent for temporary treatment of fractures. Putting on of Plaster of Paris.
46. Application of radiant heat, except in an emergency.
47. Performance of diaphoretic treatment such as hot packing.
48. Blistering and cupping.
49. Lavage of stomach, colon, bladder.
50. Vaginal douching.
51. Dressing of operation and other wounds including removal of stitches, clips, drainage tubes, etc.
52. Administration of approved courses of treatment for specified diseases by Field Units or in treatment centres or dispensaries approved by the Board.

**TREATMENT WHICH NURSES MAY PERFORM ONLY IN PRESENCE  
OF A REGISTERED MEDICAL PRACTITIONER AND WITH HIS  
SANCTION.**

53. Administration of anaesthetics.

**THIRD SCHEDULE.**

r. 35.

**PRACTICE OF MENTAL NURSES.**

*Treatment which may be done by Qualified Mental Nurses.*

The application of a mechanical restraint on receiving instructions from a Registered Medical Practitioner.

**FOURTH SCHEDULE.**

r. 41.

**PRACTICE OF HEALTH VISITORS (COMMUNITY NURSES).**

1. To supervise Maternity and child Welfare services in Health centres and rural communities, and in particular to supervise the work of Enrolled Maternity Assistants.
2. To visit the homes of infants and children regularly, to keep records showing the progress of all children visited, and to ensure that they are vaccinated against smallpox.
3. To advise mothers in Health Centres and in their homes, on personal hygiene, breast and artificial feeding, weaning and the dietary requirements of the growing child, and on good methods of cooking and the preparation of food.
4. To advise householders and housewives with regard to domestic hygiene of dwellings and compounds.

5. To refer to a Medical Officer or Medical Practitioner any abnormality such as undue loss of weight, cough, discharging eyes or ears, rashes, etc., and to teach the necessity of obtaining Medical advice early in disease.
6. To supervise the welfare of infants from seven days old (when the Midwife ceases to visit) to three years old. Each infant to be visited monthly for first three months then at three-monthly intervals until the age of three years.
7. To keep a record card showing progress of each child visited.
8. To weigh infants weekly at special centres, keeping a weight record of each and to encourage mothers to bring their children regularly.
9. To advise mothers on personal hygiene, breast and artificial feeding, weaning and the dietary requirements of the growing child.
10. To refer to the Medical Officer any abnormality such as undue loss of weight, cough, discharging eyes or ears, rashes, etc.
11. To advise with regard to domestic hygiene of dwellings and compounds and to visit mothers in their homes.
12. To teach the necessity of obtaining Medical Advice early in disease.
13. To keep all the necessary records and ledgers and to send in monthly returns to the Medical Officer of Health.
14. To give instruction on the meaning of the tuberculin test and its use in determining the need for vaccination against tuberculosis.

r. 42.

#### FIFTH SCHEDULE.

#### NURSES' BOARD RULES GOVERNING APPROVED TRAINING HOSPITALS FOR THE TRAINING OF THE QUALIFIED NURSE.

The Hospitals approved by the Nurses' Board for training of Qualified Registered Nurses must have—

- 30 beds as the minimum number,
- 8 Qualified Registered Nurses as the minimum number of Trained Nursing Staff.

#### NURSES' BOARD RULES GOVERNING APPROVED TRAINING HOSPITALS FOR THE TRAINING OF ENROLLED NURSING ASSISTANTS AND ATTENDANTS.

The Hospitals approved by the Nurses' Board for training of Enrolled Nursing Assistants and Attendants must have—

- 10 beds as the minimum number.
- 4 Qualified Registered Nurses as the minimum number of Trained Nursing Staff.

#### SIXTH SCHEDULE.

#### SIERRA LEONE NURSES' BOARD QUALIFYING EXAMINATIONS.

Signs and symptoms.

- Varieties of temperature and their meaning.
- The pulse-variations in rate, volume, tension, rhythm.
- Taking of blood pressure.
- Types of respiration.

Skin conditions—cyanosis, jaundice, rashes, etc.	
Abnormal stools.	
Abnormalities in urine and urine testing (Specific gravity, reaction, albumen, sugar, acetone, blood, bile, pus and the significance of each).	
Vomit—types and significance.	
Sputum—varieties and significance.	
Other discharges.	
Significance of posture and facies.	
Giving and taking of oral and written reports.	Reports.
Dispensary orders, repairs, indenting, diet sheets.	Requisitioning.
Dressing of clean and infected wounds. Removal of stitches and clips.	Surgical
Suturing of minor wounds. Ward treatment of burns. Care of perineal wounds. Application of skin extensions. Strapping of ribs.	ward technique.
Bathing, changing, feeding and management of children.	Care of children.
Delirious patients; paralysed patients; patients in coma. Head injuries; spinal injuries, tracheotomy; fits and convulsions; tetanus; patients who are dying.	Nursing of special cases.
Last Office.	
Hot baths; hot air and vapour baths; medicated baths; wax bath; spa treatment.	
Uses of radiant heat.	
Nasal, gastric, antrum, rectal. Aspiration of Stomach. Eye, ear, throat; Vaginal douching.	Lavage and irrigations.
Ointment dressing; application of blisters; cupping; leeches, mustard leaf; Scott's dressing; Unna's pastes, ice poultice.	Various local applications.
Intra-muscular injections; intra-peritoneal infusion; subcutaneous saline; intra-venous injections; blood transfusion.	Infusions and injections.
Nasal; oesophageal; gastrostomy; rectal.	Artificial feeding.
Aspiration of abscess; incision of abscess; aspiration of chest; tapping; paracentesis abdominis; artificial pneumothorax; lumbar puncture.	Preparation for various treatments.
Basal metabolic rate; fractional test meal; urea clearance; blood sugar. Routine clinical examinations, surgical and medical. Neurological examinations. Barium meal; barium enema; preparation of patient for bronchoscopy; preparation for cholecystogram.	Preparation for and meaning of various tests.
Nursing of Surgical and Medical cases supplementary to Surgeon's and Physician's Lectures.	
Approximate Number of Lectures—24.	
<b>SENIOR PRACTICAL NURSING.</b>	
At least twenty hours of demonstrations are required to illustrate the work of a senior nurse.	
Approximate Number of Demonstrations—20.	
<b>SENIOR NUTRITION COURSE.</b>	
Normal metabolism of the following—	
Water protein, fat, carbohydrate, mineral salts, vitamins.	Constituents of food.
Roughage.	
Accessory food factors—alcohol, condiments, extractives.	
Caloric value of different types of food. Quantity and quality of food for patients in hospital.	Basal and total metabolism.
Standard hospital diets—liquid, light, convalescent and full diet.	

Special diets.

Principles on which the following are built up, with examples:—Semi solid diet for oesophageal obstruction.

- Low and high residue diets.
- Low and high protein diets.
- Low and high carbohydrate diets.
- Low and high caloric diets.
- Low fat diet. Ketogenic diet.
- Low salt diet. Purin free diet.
- Liver diet for anaemia. High iron diet.
- Avitaminosis diet.

Dietary treatment of special diseases.

Fevers of short duration. Fevers of long duration.

Typhoid diet.

Tuberculosis; obesity; diarrhoea and colitis, constipation; rheumatism; cardiac failure; gastritis; peptic ulcer; diet following operation on stomach and intestines; diseases of liver and gall bladder; coeliac disease and sprue; nephritis, acute and chronic diabetes mellitus.

Addison's disease; Fluid and chloride loss.

Infant feeding.

Diet of mother during pregnancy and lactation.

Weaning of child.

Diet for pre-school and school-age child.

Test meals.

Barium meal; fractional test meal; diet preceding and during tests for biliary function; elimination tests for allergy.

Approximate Number of Lectures—10 to 12.

### LECTURES ON MEDICINE.

Health and things which undermine it.

Deficiency diseases.

Infectious disorders.

Diseases due to parasites.

Skin conditions.

Diseases of respiratory system.

Diseases of circulatory system.

Disease of blood.

Diseases of alimentary system.

Diseases of urinary system.

Diseases of endocrine system.

Diseases of muscles and joints.

Diseases of nervous system.

Venereal diseases.

Approximate Number of Lectures—30.

### FEVER NURSING.

*Detail.*

Prevention.

Immunity. Immunisation (Sera and Vaccines).

Notification of cases.

Characteristics of infectious diseases.

Degree of infectivity. Incubation period. Invasion period. Period of infectivity. Quarantine.

Nursing of infectious diseases and prevention of cross infection.

Barrier nursing. Isolation nursing in special hospitals or in ward devoted to each disease. Bed isolation with emphasis on ventilation and disinfection. Concurrent and terminal disinfection of patient. Disposal of bedding, utensils, discharges, excreta.

Adequate food, rest, exercise. Changing of clothes worn on duty. Personal hygiene of the Fever Nurse. Importance of bathing before mixing with the general public and especially children. Washing of hands between nursing treatments and before handling or taking the food.

Isolation of the patient. Barrier nursing principles applied. Disinfection and disposal of discharges. Destruction of unused food. Terminal disinfection of patient, room and nurse on patients recovery or death.

Nursing infectious diseases in private house.

**NOTE.**—This brief series of lectures on fever is not intended for the training of fever nurses, but only for making the General nurse aware of the methods required if she has fever cases in her care.

Approximate Number of Lectures—5.

## DISEASES OF CHILDREN.

### *Detail.*

History from parents, onset of symptoms; length of illness; previous illness. Diet Examination of child. Attention to ears, throat and urine specimen. Note taken of posture, movements of the head, hands, legs, eyes. Facial expression.

Examination and history taking.

Asphyxia neonatorum. Obstetric injuries, cephalhaematoma, intra-cranial haemorrhage, paralysis.

Diseases of newly born.

Tetanus. Icterus neonatorum.

Care of premature infant

Special points in nursing and feeding premature infants.

Diet of healthy infant and deficiency diseases.

Breast and artificial feeding. Weaning and training in good habits.

Worms.

Diseases of malnutrition.

Underfeeding; overfeeding; constipation; diarrhoea (dietetic and infective). Congenital pyloric stenosis, medical and operative treatment. Digestive disorders. Intussusception. Marasmus. Coeliac disease.

Diagnosis. Effects on health. Means of removal from infants.

Approximate Number of Lectures—6.

## PHARMACY AND MATERIA MEDICA FOR NURSES.

### *Detail.*

Weights and measures (Apothecaries and Metric); Lotions (dilutions; concentrations, etc.); Percentage solutions; fractional doses. Pharmacy and D.D.O. regulations. Idiosyncrasy; tolerance; cumulative action; Measurement care and administration of drugs. alkaloids.

Preparations—Galenicals-Extracts, Liquors, Tinctures, etc., Proprietary Preparations.

External applications.

Routes of administration of drugs.

Antiseptics; Disinfectants; Sterilisation.

Medicine for Internal use.

Drugs acting on the Alimentary tract and Anthelmintics.

Drugs acting on the Blood and Circulatory system.

Drugs acting on the Respiratory system.

Drugs acting on the Urinary system.

Drugs acting on the Nervous system, central, peripheral and autonomic;  
Anaesthetics.

Drugs acting on the Uterus.

Drugs improving metabolism in various ways—

calcium, iron, iodine, etc., substitution therapy. Glandular products.

Specific drugs for: diseases. Sera; Vaccines; Immunity tests.

Protein shock therapy.

The Sulphonamides; penicillin, etc.

Poisons and Antidotes.

Approximate Number of Lectures—8.

### MICROBIOLOGY.

Nature of bacteria.

Means of destroying and halting growth of bacteria.

Classification.

Identification of bacteria.

Immunity natural and acquired.

Effects and specific bacteria.

Practical work.

Approximate Number of Lecture-Demonstrations—6.

### OPHTHALMIC NURSING.

Injuries to eye.

Inflammatory conditions of the eye.

Other common diseases.

Operations on the eye.

Approximate Number of Lectures—6.

### REHABILITATION OF VARIOUS CONDITIONS.

Radiation.

Electricity.

Massage.

Approximate Number of Lectures—2.

### LECTURES ON SURGERY.

Wounds and bacteria.

Inflammation and sepsis.

Specific infections.

Tumours.

The operation.

Anaesthetics.

Ligatures, etc.

Bone surgery and Fractures.

Plastic surgery.

Burns and accident surgery.

Regional surgery.

Head, Neck, Breast.

Chest.

Abdomen and pelvis.

Urinary tract.

Radiation treatment.

Approximate Number of Lectures—30.

## LECTURES ON GYNAECOLOGY.

- Introduction.
- Abnormal conditions of female reproductive system.
- Infections of the reproductive tract.
- New growths of the reproductive system.
- Traumatic conditions of the cervix and vagina.
- Conditions associated with pregnancy.
- Nursing.

Approximate Number of Lectures—8.

## THEATRE LECTURES.

- Theatre and its furniture.
- Equipment.
- Position of patient during operation.
- Dressing of patient, surgeon and assistants.
- Some common operations.

Approximate Number of Lectures—6.

## HOSPITAL STERILISATION AND THE CARE OF INSTRUMENTS:

## SYRINGES AND NEEDLES.

Approximate Number of Lecture-Demonstrations—8.

## DISEASES OF EAR, NOSE AND THROAT.

- Diseases of ear and operations.
- Diseases of the nose and treatment.
- Nasal operations.
- Diseases of the throat and treatment.

Approximate Number of Lectures—3.

## HISTORY OF NURSING LECTURES.

Two lectures on growth of principles of Nursing.

## SEVENTH SCHEDULE.

r. 64. (b).

## SIERRA LEONE NURSES' BOARD QUALIFYING EXAMINATION.

*Syllabus for the qualifying examination in Health Visiting (or Community Nursing).*

*Notes for consideration.*

*Lectures*—as outlined in the Report of the Committee on the Training of Nurses for the Colonies.

1. *Social Science:*

Various forms of a social structure in Sierra Leone. Tribal structure and customs, and organisation and development of Local Government, Chiefs, Paramount Chiefs, District Councils, Town Councils. The different history and development of the Colony, with present evolution of Freetown City Council and District Councils.

The place of Local Government in public health. The structure and function of the Central Government and the evolution of the present constitution. The function of Ministries and Government departments, their

relation to local Government bodies. Voluntary Organisations—Boy Scouts, Girl Guides, Red Cross, etc., and their place.

### 2. *Medical and Nursing Organisation and Policy:*

The organisation of the Medical Department and its relation to Local Government bodies. The place and role of the Health Visitor (Community Nurse). The Public Health Ordinance, the Registration of Births and Deaths Ordinance, the collection of statistics and the registration of births and deaths and their importance. Notification of diseases; the major health problems and the nurses' part in solving them.

### 3. *Methods of Organisation:*

The nurse's responsibility in the organisation and administration of clinics, dispensaries, health centres and school nursing; record-keeping, filing and indexing; care of stores and book-keeping.

### 4. *Hygiene and Sanitation:*

Personal, domestic and community hygiene; maintenance of healthy conditions in the home and environment; light and ventilation in the home; water supply; disposal of refuse and excreta; prevention of breeding of insect and other carriers of disease; the work of Sanitary Inspectors and Medical Officers of Health.

### 5. *Nutrition and Dietetics:*

Food requirements of different groups, e.g., age, sex, occupation, local foods and their nutritive value; the purchasing, storing, preparing and cooking of foods; the planning of family food budgets.

Food in health and in disease.

Malnutrition and effects of various deficiencies; methods of detecting, treating and preventing these.

### 6. *Maternity and Child Welfare:*

Revision of the study of pregnancy and the puerium and of the requirements of mothers, infants and children.

The organisation of a maternity and child welfare service; the duties of community nurse in this service.

Ante-natal hygiene; diet, exercise, rest, and minor ailments and their relief; prevention and early recognition of disorders of pregnancy.

Post natal hygiene; general care of nursing mothers; breast feeding; types of disability liable to follow childbirth; their prevention and treatment.

Infant and child hygiene. Development of the normal child. General care and training of infants and children, with special attention to diet. Care of the premature infant. Recognition of signs of ill-health in children; their causes, prevention and treatment; the nursing care of sick children in their homes.

### 7. *Work of the Health Visitor (Community Nurse) in Schools, Clinics and Health Centres:*

The Nurse's duties in the school, and the school clinic as a link between home and school; enlisting parent's and teacher's co-operation in this work; the hygiene of schools. The importance and significance of vaccination against smallpox, yellow fever, and other infectious diseases, and Tuberculin testing and vaccination with B.C.G. The work of the Health Centre in rural

areas as a centre for treatment and prevention of disease and promotion of health, its proper development as a centre for all health activities.

#### 8. *Health Education:*

Methods of teaching healthy living suitable for the home, and clinic, in schools and in groups; means of enlisting the interest and co-operation of the people in raising health standards; the nurse's co-operation with organisations such as women's societies and mass education committees, etc., the importance of practical demonstration in health education.

#### 9. *Home Visiting and Home Nursing:*

The Nurse's role as friendly adviser in the home; detection of early signs of symptoms of disease; advice as to how to obtain treatment; the methods of giving first-aid and simple nursing treatment suited to home conditions; various emergencies and how to deal with them; advising how to improve the living conditions in the home.

### PRACTICAL WORK.

The course to be mainly practical and a considerable proportion of the practical experience must be obtained in rural areas. This suggested syllabus is all to be taken under the supervision of a Nursing Sister or Medical Officer. Each item should occupy one month of the nine months' course.

1. Experience in an urban Health Office (probably Freetown). Visiting contacts of infectious diseases in their homes; reporting on home conditions with the Sanitary Inspector. Following up contacts, etc., and ensuring that they report for treatment. Simple advice to contacts of different diseases. The practice of vaccination against smallpox and its importance.

2. Brief periods of attachment to or visits to an Urban Municipality (e.g. Freetown City Council) and a country District Council to study the function of these bodies. Attachment to Social Welfare Department. Attachment to the office of the Registrar of Births and Deaths to study registration and records and the calculation of statistical rates.

3. Attachment to the Government Medical Stores for practical instruction in storekeeping, the proper requisitioning and accounting of stores, and the care of stores. Attachment to Matron or Sister for practical experience of record keeping. Attachment to Government Clerical School for instruction in correspondence, filing, records, etc.

4. Attachment to Infant Welfare Clinic with attendance at the clinic with home-visiting, reporting on home conditions, and advice in the home to mothers. Home visiting to be done in the company of an experienced nurse or visitor who can instruct on advice to be given. Practice of vaccination against smallpox.

5. Experience in School Clinic. Treatment of minor ailments. Practice of vaccination against smallpox. Tuberculin testing and reading of tests. Assistance at B.C.G. vaccinations. Visiting schools, visiting homes, advice on health and reporting on hygiene of schools.

6. Experience in a rural type Health Centre. Attendance at clinics in the centre and treatment of minor complaints. Supervision of Maternity Attendants, organisation of Maternity and Infant Welfare Clinics. Instruction of mothers in dietetics and the proper weaning and feeding of children and feeding of expectant mothers. Home visiting, treatment of minor ailments in the home.

7. While attached to rural Health Centre, to undertake health survey of a village in co-operation with Sanitary Inspector, and then to draw up a practical scheme of simple measures required to remedy defects found and submit to Medical Officer of health and local authority.

8 and 9. On instructions from the Medical Officer of Health to carry out or advise on the performance of any simple measures proposed as a result of the Health Survey e.g., simple sanitary convenience, protection of water, cleanliness of houses and compounds, vaccination of unvaccinated children. Clean cooking and the preparation of proper meals for children with the food available. Persuading pregnant women to attend Ante-Natal clinics, etc.

r. 46 (c).

#### EIGHTH SCHEDULE.

##### SIERRA LEONE NURSES BOARD.

##### SYLLABUS FOR THE EXAMINATION FOR THE NURSING ASSISTANTS CERTIFICATE.

Junior Theory of Nursing—26 Lectures.

Junior Practical Nursing—40 Demonstrations.

First-Aid—18 Lectures.

Hygiene—30 Lectures.

The above lectures will be spread over a period of one year.

r. 46 (d).

#### NINTH SCHEDULE.

##### SIERRA LEONE NURSES BOARD.

##### SYLLABUS FOR THE EXAMINATION FOR THE MENTAL ATTENDANTS CERTIFICATE.

Elementary Anatomy and Physiology.

The Principles and Practice of Mental Nursing.

Psychiatric Nursing.

Diseases and Disorders of the Human Body.

Lunacy Law and Practice.

Lectures and demonstrations on the above subjects will be spread over a period of one year.

r. 46 (e).

#### TENTH SCHEDULE.

##### SIERRA LEONE NURSES BOARD.

##### SYLLABUS FOR THE EXAMINATION FOR THE INFECTIOUS DISEASES ATTENDANTS CERTIFICATE.

##### ATTENDANTS CERTIFICATE.

Junior Theory of Nursing—26 Lectures.

Junior Practical Nursing—40 Demonstrations.

First-Aid—18 Lectures.

Hygiene—30 Lectures.



Fever Nursing as in the Sixth Schedule but in much more detail covering 26 lectures.

Lectures and demonstrations on the above subjects will be spread over a period of one year.

## ELEVENTH SCHEDULE.

r. 51 (1).

THE NURSES' BOARD OF SIERRA LEONE,  
c/o MEDICAL DEPARTMENT,  
FREETOWN.

19

I beg to inform you that the examination fee for the.....  
Examination is twenty-one shillings for the whole part, or ten shillings if  
retaking one or two sections.

*Secretary, Nurses' Board.*

## **TWELFTH SCHEDULE**

T. 55 (1).

UNIFORM FOR MALE NURSES AND RULES GOVERNING  
THE WEARING OF NURSES' BADGES.

1. When on duty the Male Nurse must wear a clean washable shirt and trousers, and over these a clean washable overall or a tunic shirt, as approved by each training hospital.
2. The appropriate badge, issued by the Nurses' Board, must be worn on **UNIFORM ONLY**.

### THIRTEENTH SCHEDULE.

r. 55 (2).

UNIFORM FOR FEMALE NURSES AND RULES GOVERNING  
THE WEARING OF NURSES' BADGES.

1. When on duty the Nurses must wear a clean washable frock with short sleeves, and over this a clean washable apron or overall, as approved by each training hospital.
2. The appropriate badge, issued by the Nurses' Board must be worn on UNIFORM ONLY.